



FALL 2016

AVALON

COMMUNITY SERVICES DEPARTMENT
ACTIVITY GUIDE



WHAT'S INSIDE:

- YOUTH & TEEN PROGRAMS
- ADULT & SENIOR ACTIVITIES
- COMMUNITY CALENDAR

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/CITYOFAVALON



COMMUNITY SERVICES DEPARTMENT

410 Avalon Canyon Road | PO Box 707 | Avalon, CA 90704
(310) 510-0220 | recreation@cityofavalon.com
Monday through Friday | 8:00 am - 5:00pm

CITY COUNCIL

Ann H. Marshall, Mayor
W.F. "Oley" Olsen, Mayor Pro Tem
Cinde MacGugan-Cassidy, Councilmember
Joseph Sampson, Councilmember
Richard Hernandez, Councilmember

City Council meetings are held the first and third Tuesdays of month, 6:00pm, City Council Chambers.

PLANNING COMMISSION

Chuck Martin, Chairman
Yolanda Montano, Vice Chairman
Eric Huart, Commissioner
Jerry Dunn, Commissioner
Bruce Fertig, Commissioner
Sandra Putnam, Commissioner
Bart Glass, Commissioner
Tim Tyler, Alternate Commissioner

Planning Commission meetings are held the Wednesday following the second City Council meeting of month, 6:00pm, City Council Chambers.

TABLE OF CONTENTS

Community Calendar	1
Youth Activities & Programs	2
Teen Activities & Programs	3
Adult & Senior Programs	4
Registration	5
Facilities Map	6

Letter from the Community Services Director,

I am proud to call the City of Avalon home as of July 18, 2016 and very thankful for all the wonderful community member (and visitor) interactions I have had over the last seven weeks. Avalon speaks to me as a "little piece of paradise" and with your help and support we can make it even a better place to recreate and enjoy family and friends.



I look forward to hearing from you - via a Recreation Needs Survey that will be out mid-September for a few weeks as the Community Services Department garners much needed information on the programs and events you would like to see or by "stopping me on the street" - to let me know what's on your mind. Please be "on the lookout" for the survey and I look forward to hearing from you as we shape the Community Services Department together.

Up and coming this fall you will see some of the following things happening in the community:

- Renovations to Joe Machado Field with a synthetic turf multi-use field to start the beginning of September and completed by mid-November.
- Installation of the Avalon Fit Trail at People's Park and Joe Machado Field. Outdoor fitness equipment, including both strength and cardiovascular conditioning equipment, will be at both locations and will be completed by December 31, 2016.
- Completion of a new barbeque and picnicking area at People's Park, thanks to the Public Works Department, and ready for full use by the end of September.
- Renovations to Mole Park, including: replacing the play structure with a new "pirate themed" structure; the basketball court will get two new glass backboards and sport court flooring; new fencing for both the volleyball and basketball courts with updated lighting; and two swings in the general area.
- Fall Festival – bigger and better than ever scheduled for Thursday, October 20th.
- New youth and senior programs starting in fall, see the Fall Recreation Guide for more information.
- Open gym time for basketball, volleyball, futsal and badminton in the Avalon school gymnasium.

Again, I would love to hear from you and request you take the time to complete the Recreation Needs Assessment. It can be found on the City of Avalon website, www.cityofavalon.com, starting Monday September 12th for three weeks. I can also be reached by email at dhuncke@cityofavalon.com or by phone at (310)510-0220 ext. 230.

In good health,

Dan Huncke
Community Services Director

COMMUNITY CALENDAR

September 2016

CATALINA ART ASSOCIATION

58th Festival of Art

Sept. 16-18, 2016

www.CatalinaArtAssociation.org



CATALINA ISLAND WOMEN'S FORUM

Wine Festival

Saturday, September 17, 2016

www.theciwf.org

THE XCEPTIONAL MUSIC COMPANY
FREE Concert
Saturday, September 17
Xceptional Blues & Jazz Ensemble

AVALON SCHOOLS BOOK FAIR
September 19 - 20
AHS Library

BACK-TO-SCHOOL NIGHT
Elementary: Tues. 9/20 6PM
Secondary: Tues. 9/27 6PM

national museum day
9/24/16
FREE entrance for all to our local museum!

CATALINA FILM FESTIVAL
SEPT 28-OCT 2, 2016
WWW.CATALINAFILM.ORG

October 2016

TAKE A KID MOUNTAIN BIKING DAY
OCT. 1, 2016

FIRE PREVENTION WEEK
OCTOBER 9TH - 15TH
DON'T WAIT - CHECK THE DATE!
Replace smoke alarms every 10 years.
MORE INFO: WWW.FPW.ORG

7th annual
FALL FESTIVAL
children bringing our community together
THURS OCT 20 5 - 9 PM FRONT ST

RED RIBBON WEEK
OCTOBER 22-26, 2016
YOLO. BE DRUG FREE!

Children's **HALLOWEEN PARADE**
4 pm, Monday, Oct 31st

November 2016

Women's Retreat: Nov. 4-6, 2016
Held at Campus By The Sea More info: (310) 510-0073

AHS FALL CARNIVAL & SENIOR DINNER: Nov. 10th

Catalina Island Triathlon Duathlon 5K
Saturday, November 5th
Triathlon - Duathlon - 5K
November 19th, 2016
www.runcatalina.com

Veterans' Day Ceremony
Monday, November 11
11:00 AM
Mole Park

Kids @ Play Production:
November 18-20, 2016
7 PM Fri & Sat, 2 PM Sun
AHS Auditorium

ANNUAL PLAY PRESCHOOL CRAFT AUCTION
November 17, 2016 5 PM.

Avalon Schools' One Week Thanksgiving Recess:
November 21-25, 2016

December 2016

Christmas Tree Sales
Order now @ Avalon Community Church! Pick Up Saturday, Dec. 3rd
More info: (310) 510-1889

Ladies Christmas Brunch:
Saturday, Dec. 3rd
9:30 am at the Parish Hall
For more info: 310.510.1889

SHOP AT HOME NIGHT
Saturday, December 3, 2016
Community Tree lighting 5 PM
Bring a new, unwrapped toy to donate to Toys For Tots on the Wrigley Stage!

Letters to Santa
In the Post Office
Dec 5th-20th

ELEMENTARY WINTER CONCERT
Thursday, December 8, 2016
Casino Theatre @ 5 PM

Community Christmas Dinner
Sunday, Dec. 11th, FREE!
Avalon Community Church

SECONDARY WINTER CONCERT
Wednesday, December 14, 2016
Avalon School Auditorium @ 7 PM

MUSEUM HOLIDAY SYMPHONY CONCERT & OPEN HOUSE
Friday, December 16, 2016
Holiday Symphony Concert in the Avalon Theater: 7:00 PM
Free Concert & Museum admission with reception to follow.
For more details visit: www.catalinamuseum.org

YOUTH ACTIVITIES & PROGRAMS

DANCE PROGRAM

The Community Services Department is dedicated to having the Dance Program back. We are working diligently to have it in place in October and will have information available once we know all the details. Thank you for your patience! Please contact us at (310)510-0220 and ask for David or Dan to be added to the notification list once the class information is available.

GYMTASTICS w/Coach Jen

Learn the basics of tumbling and beginning floor routines on up to more advanced apparatus. Classes held at Tremont Hall in a nurturing environment.

Monday, September 19 will be a "Meet & Greet" with the instructor. Equipment will be "rolled-out" for a sample class from 6:00 PM - 7:00 PM.

New Program Special: Sign-up on or before 9/19 & get a free leotard & gym shoes. Each additional leotard: \$5.00.

Kindergym: Ages 3-5, no previous skills required
Mondays, 2:00 PM - 2:45 PM
September 26 - November 28
(no class 10/31 & 11/21)
\$52.00 for 8 classes

Level 1: Ages 6-8, Beginning/Basic Gymnastics
Mondays, 3:00 PM - 3:45 PM
September 26 - November 28
(no class 10/31 & 11/21)
\$52.00 for 8 classes

Level 2: Ages 9 & Up, Beginning/Basic Gymnastics,
Mondays, 4:00 PM - 5:00 PM
September 26 - November 28
(no class 10/31 & 11/21)
\$56.00 for 8 classes

Level 3: Intermediate/Advanced Gymnastics,
Based on skills & approved by instructor
Mondays, 5:15 PM - 6:45 PM
September 26 - November 28
(no class 10/31 & 11/21)
\$65.00 for 8 classes

KIDS @ PLAY

In its 25th year, the Kids @ Play Program helps build self-esteem & enhances a child's imagination as they create and explore every aspect of a play production. Fall session starts Tuesday, September 13, and runs Tuesdays & Thursdays 3:00 PM - 6:30 PM at Tremont Hall. Registration and fee is on site with the instructor. Program culminates with a play production the weekend of November 18 - 20 in the School Auditorium.

Instructor: Sean "Mr. Sean" Brannock at 310-595-6714

SAND SOCCER (4 on 4)

With Joe Machado Field being renovated during the fall soccer season, the Recreation Staff will be hosting a sand soccer program on the volleyball court at Mole Park. The program will consist of a focus on skills and conditioning for the first 4 weeks and then game play the last 4 weeks. Space is limited so register early!

Tuesdays	6 U	2:15 PM - 3:00 PM
	8 U	3:00 PM - 4:00 PM
	8 U	4:15 PM - 5:15 PM

Thursdays	10 U	3:00 PM - 4:00 PM
	10 U	4:00 PM - 5:00 PM

Sundays	10 - 14 Girls	1:00 PM - 2:00 PM
	12 U Boys	2:15 PM - 3:15 PM
	14 U Boys	3:30 PM - 4:30 PM

Locations: Mole Park Volleyball Court
Dates: Tuesdays, Sept. 27 - Nov. 15
Thursdays, Sept. 29 - Nov. 17
Sundays, Sept. 25 - Nov. 13
Fee: \$20.00

FISHING DERBY (monthly)

Sunday 7 AM - 9 AM (1st Sunday of month)
Held on October 2nd, November 6th, December 4th
Continue the Summer Fun All Year-Round
Ages 3 - 16 years
Prizes for: most fish, biggest fish and oddest fish
Free for all!!!

TEEN ACTIVITIES & PROGRAMS

ATAC (AVALON TEEN ADVISORY COUNCIL)

Be a teen leader in your community! ATAC will meet once a month to discuss ways to better serve the teen community in Avalon. Programs, events, and volunteer opportunities are all part of the program. So bring a friend and your vision on how we should be serving the teen population in Avalon.

2nd Thursdays of the month
First Meeting October 13th
3:30 – 4:30pm at Avalon City Hall.



HOMework CLUB

Looking for a quiet place to get your homework done or meet with a friend(s) to study or finish a project? The Teen Center will be available on **Tuesdays & Wednesdays from 3:00pm—5:00pm**. Program is supervised and staff is available for some help. Program is *free* and open to Middle and High School students.

Days: Tues & Wed 3:00—5:00pm
Location: Avalon Community Church, Teen Center
Starts: October 18, 2016

TEEN “REC-IN” AVALON

Bring your friends and join this action-packed program at the Teen Center. Activities will be both at The Center and based throughout the community. Games, socializing with friends or just “chillin”.

Check it out, it is going to be better than ever! Free and open to Middle & High School students. Starts October 18, 2016 with our **Kick-Off Party, Friday October 21st, Don't Miss Out!!!**

Days: Tuesdays 7:00—10:00pm
Fridays & Saturdays 7:00—11:00pm
Locations: Avalon Community Church, Teen Center

RECREATION NEEDS SURVEY

**THE COMMUNITY SERVICES DEPARTMENT
WANTS TO HEAR FROM YOU!**

**PICK UP A SURVEY FROM CITY HALL
OR VISIT CITYOFAVALON.COM
TO COMPLETE THE SURVEY ONLINE!**

The information gathered from this survey will be used to determine priorities for parks and recreation activities, as well as capital improvements throughout the community.

The survey was tailor-made to solicit information about our parks, open spaces, and recreation programs and facilities in Avalon. We are asking the residents of Avalon to provide us with as much information as possible.

- Survey takes approximately 10 minutes to complete
- Once completed, you will be placed in a **drawing** for a City program voucher in the amount of **\$100, \$50 or \$25** to be used towards any City recreation program offered through 2017.
- Surveys must be completed on-line or received at City Hall (410 Avalon Canyon Road) by October 7, 2016 to be eligible.



ADULT & SENIOR PROGRAMS

SPORTS

WATER POLO IN THE BAY

Thru October 12th

Balls available for "check-out" with the lifeguard on South Beach.

FALL BASKETBALL MEN'S LEAGUE

Fall basketball league starts Thursday, September 29th. Register by September 26th as space is limited and the draft can be completed.

Days: Thursdays, 7 PM - 9 PM

Location: AHS Gymnasium

Fee: \$30.00

OPEN GYM @ AVALON HIGH SCHOOL

Join us for open gym at the AHS Gymnasium. Participation is *free* and very special *THANK YOU* to the school district for their support. Starts Sunday, September 25th.

Tuesdays	Open Basketball	7 PM - 9 PM
Sundays	Badminton/Volleyball	2 PM- 3:30 PM
	Open Basketball	3:30 PM - 5 PM

FITNESS

CATALINA SWIM CLUB

Open Water Swimming

Monday-Friday 7 AM

Saturday & Sunday 7:30 AM

Meet at Casino Point YEAR-ROUND!

Intermediate to Advanced Swimmers Welcome!

Contact Coach Canby with questions: (310)809-0661

SENIOR PROGRAMS

SENIOR MEALS

11 AM -12:30 PM

Monday-Friday

Location: Singing Waters Church

Contact Zella Le Sieur by 3:00pm the day before to order lunch: (310) 510-9141.

\$3.00 per meal/City of Avalon sponsors the balance of the cost of the meal. Must be 55 or older to participate.

MEALS ON WHEELS

For those that are house-bound due to medical conditions or otherwise, contact Zella LeSieur at 310-510-9141 for lunch delivery to your door. Must be 55 or older to participate.

GAMES WITH FRIENDS

Join the Avalon "Prime-Timers" on Tuesdays for a friendly afternoon of cards, dice or board games. Great social interaction and its free!!!

Location: Singing Waters Church

Tuesdays, 12:30 PM -2 PM

(Lunch is served just prior for \$3.00, must contact in advance to order lunch, see Senior Meals info for details)

SIMPLY STRETCH

A gentle way to start your week off. Light stretching and toning. Classes are free to the senior population our "Prime Timers" group.

Location: Beacon Hill Apartments Recreation Room

Mondays, 9 AM – 9:45 AM

Instructor: Karla Lupo

SENIOR EXCURSIONS:

Catalina Island Conservancy Nursery Tour & Lunch

Come join us for a tour of the Conservancy Nursery, see the important work that takes place along with a tour of the Middle Ranch Reservoir to see the impacts the drought is taking on the water supply. Space limited, register early.

Wednesday, September 21, 9 AM – 2 PM
Meet at 9AM at Avalon Community Church
\$5.00, includes lunch

Catalina Island Museum Tour

Join us for a tour of the Catalina Island Museum. Tour meets at the museum at 10AM, will include lunch and end at approx. 1 PM.
Wednesday, October 19
Fee: \$10.00, includes admission and lunch

Halloween Costumes & Lunch

Senior Meals will be celebrating Halloween with no other than a costume contest with prizes, lunch followed by dessert.
Monday, October 31st
Location: Singing Waters Church
Fee: \$3.00 for Senior Lunch

Airport In The Sky Tour

Join us for a tour and then lunch at the airport. Space is limited, register early.
Wednesday, November 16, 9:30AM – 2 PM
Meet at 9:30 AM, Avalon Community Church
Fee: \$2:00, includes transportation
Lunch not included.

Holiday Party

Join the "Prime-Timers" as they celebrate the holiday season. Good food and good company.
December 15, Location/Time/Fee: TBD

REGISTRATION

(ADULT/PAYEE) LAST NAME	FIRST NAME	EMAIL (RECEIPTS MAY BE EMAILED)		
PHYSICAL ADDRESS	PO BOX	CITY	ZIP	
CELL PHONE	WORK PHONE	HOME PHONE (IF APPLICABLE)		

EMERGENCY CONTACT	EMERGENCY TELEPHONE
-------------------	---------------------

CLASS NAME	PARTICIPANT NAME	SEX	BIRTHDATE	AGE	FEE
Payment Type: <input type="checkbox"/> CASH <input type="checkbox"/> CHECK					TOTAL:

Does this participant have any current injuries, minor physical limitations, or other medical conditions a coach should know about? If so, briefly explain below:

¿Tiene este participante alguna lesión o limitaciones físicas menores u otras condiciones médicas que el director técnico debe saber? En ese caso, brevemente explique:

EMERGENCY AUTHORIZATION/AUTORIZACION PARA EMERGENCIA: I hereby authorize each of the coaches, team parents, and/or officials of the program, as well as the identified Emergency Contact to consent to medical, surgical, or dental examination and/or treatment.

Con la presente, autorizo a los directores técnicos, otros padre y/o madre del equipo, y/o oficiales de la ocupaciones, también autorizo a cada uno de ellos así como al contacto de la emergencia nombrado anteriormente para consentir a a evaluaciones y/o tratamiento médico, quirúrgico o dental.

DISCLAIMER, ASSUMPTION OF RISK AND WAIVER, AND LIABILITY WAIVER/ DESCARGO DE RESPONSABILIDAD, ASUNCIÓN DE RIESGO Y RENUNCIA, RENUNCIA DE OBLIGACIÓN: I acknowledge that participation in this activity necessarily involves play in adverse conditions, contact with considerable force, and risk of severe, permanent physical injury. I willingly and voluntarily accept and assume all such risks. In consideration of accepting the registration and permitting the voluntary participation in the program, I hereby release, discharge, and agree to hold harmless to the fullest extent of the law the City of Avalon, its players, employees, volunteers, officials, sponsors, and other representatives and any and all owners, lessors, lessees, or other persons or entities allowing, permitting, or authorizing the use of facilities by the activity and the agents, employees, officers, and directors of said persons or entities from any and all claims, demands, costs, expenses and compensation arising out of or in any way related to an injury or other damage that may result to said participant or to members of my family or my household or individuals I invite or for whom I am otherwise responsible while participating in or present at any event, including any physical injury or other injury caused by the negligence of any person or entity described above.

Yo reconozco que participación en el ocupaciones implica jugar bajo condiciones adversas, exposición a fuerza considerable, y riesgo de serias lesión físicas permanentes. Yo voluntariamente acepto y asumo todos los riesgos. A cambio de aceptar mi inscripción y permitir la participación voluntaria del Jugador en la ocupaciones, con la presente libero, descargo y estoy de acuerdo en sostener indemne a la Ciudad de Avalon, sus jugadores, empleados, voluntarios, oficiales, patrocinadores y otros representantes a toda magnitud permitida por la ley y a cualquier y todos los dueños, arrendadores, arrendatarios u otra personas o entidades permitiendo, o mientras permitiendo o autorizando el uso de sus facilidades por ocupaciones y a los agentes, empleados, funcionarios y directores de tal personas o entidades de cualquiera y todas reclamaciones, demandas, costos, gastos, y compensación que resulten fuera de o de alguna forma relacionada a una lesión u otro daño que pueden resultar al participante mencionado o a los miembros de mi familia o de mi casa o individuos que yo invite o quien yo soy por otra parte responsable mientras participando en o presente en cualquier evento patrocinado por ocupaciones, incluyendo cualquier lesión física u otra causada por la negligencia de cualquier persona o entidad descrita anteriormente.

RELEASE AND AUTHORIZATION/DESCARGO DE RESPONSABILIDAD Y CONSENTIMIENTO:

I, THE UNDERSIGNED PARENT OR LEGAL GUARDIAN OF THE ABOVE PLAYER, A MINOR, ("PLAYER"), ON BEHALF OF MYSELF, PLAYER, AND OUR HEIR, ASSIGN, AND NEXT OF KIN, HEREBY AGREE TO THE EMERGENCY AUTHORIZATION, DISCLAIMER, ASSUMPTION OF RISK AND WAIVER, AND LIABILITY WAIVER PRINTED ON THIS FORM. I FULLY UNDERSTAND THE TERMS OF EACH, UNDERSTAND THAT I AND PLAYER HAVE GIVEN UP SUBSTANTIAL RIGHTS BY MY SIGNING THIS FORM AND AGREEING TO THESE TERMS, AND I SIGN THIS FORM FOR MYSELF AND ON BEHALF OF PLAYER AND AGREE TO THESE TERMS FREELY AND VOLUNTARILY AND WITHOUT INDUCEMENT. FURTHERMORE, I AGREE TO INFORM THE CITY IN A TIMELY MANNER IF ANYTHING ON THIS FORM CHANGES.

YO, LE PADRE SUSCRITO Y/O GUARDIÁN DEL JUGADOR ANTEDICHO, UN MENOR ("JUGADOR"), CON INTERÉS PROPIO, DEL JUGADOR, NUESTROS HEREDEROS, CESIONARIO Y PARIENTE MÁS CERCANO, CON LA PRESENTE ESTAMOS DE ACUERDO CON LA AUTORIZACIÓN DE EMERGENCIA, RENUNCIA, LA ASUNCIÓN DE RIESGO Y DOCUMENTO DE RENUNCIA, EL RECONOCIMIENTO Y CONSENTIMIENTO IMPRIMIDO EN ESTA FORMA. YO ENTIENDO LAS CONDICIONES DE CADA UNO DE LOS TERMINOS. ENTIENDO QUE YO Y EL JUGADOR HEMOS RENUNCIADO A DERECHOS IMPORTANTES AL FIRMAR ESTA FORMA Y AL ESTAR DE ACUERDO CON ESTOS TERMINOS. YO FIRMO ESTE FORMULARIO PARA MI Y EN NOMBRE JUGADOR Y ACEPTAMOS ESTAS CONDICIONES LIBREMENTE Y VOLUNTARIAMENTE Y SIN PRESIONES DE NINGUNA INDOLE. ADEMÁS, YO ESTOY DE ACUERDO DE INFORMAR LA CIUDAD DE ALGUN CAMBIO EN ESTA FORMA O SUS ENCLACES EN FORMA PUNTUAL.

Parent or Guardian / Padre o Guardián

Date/Fecha

FACILITIES MAP



LOCAL PARKS & VENUES

- | | | |
|-------------------------------|----------------------------------|--|
| 1 Avalon Veterans Park | 5 Avalon Skate Park | 9 Singing Waters Christian Center |
| 2 Mole Park | 6 Avalon Canyon Fit Trail | 10 Beacon Hill Senior Center |
| 3 City Park | 7 Joe Machado Field | 11 The Base - Avalon Community Church |
| 4 Avalon Kids Park | 8 Tremont Hall | 12 Casino Point Dive Park |